

Blue Stripe Theory

Q - What is Four Directional Punch in Korean?

A - Sajo Jirugi

Q - How many moves does Four Directional Punch have?

A - 15

Q - What is About Turn in Korean?

A - Dwiyro Torro

Q - Who is the founder of Tae Kwon Do?

A - Major General Choi Hong Hi

Q - When was Tae Kwon Do formed?

A - 11th April 1955

Blue Stripe Theory

Q - Count 1-10 in Korean

**A - Hanna, Dool, Seth,
Neth, Dasaul, Yosaul,
Ilgop, Yodoll, Ahop, Yoll**

Q - What is Instructor in Korean?

A - Sabum

Q - What is Student in Korean?

A - Jeja

Q - What is Dismiss in Korean?

A - Haessan

Q - What is Press Up in Korean?

A - Momtong Bachia