



## Korean

Kick- Chagi

Ball of the foot- Ap Kumchi

Turning- Dollyo

Back Fist Strike- Dung Joomuk Taerigi

Turning kick- Dollyo Chagi

Reverse knife hand strike- Sonkal Dung Taerigi

## **Do San**

**24 moves**

**3 different stances (walking stance, sitting stance and L Stance )**

## **FUN FACTS**

Do San is the pseudonym of the patriot An Chang Ho (1876-1938) who devoted his life to furthering the education of Korea and its independent movement.

An Chang Ho was a farmer's son. In 1902 he emigrated to the U.S with the aim of receiving a western education to help him further the education of Koreans.

**Do San means "island mountain".**

He names himself this, resolving to "stand tall above the sea of turmoil existing in Korea at that time".

When back in Korea he formed the "hungsadan", a secret organisation of patriots, whose goal was laying the groundwork for the great undertaking of enlightening the people of Korea.

Hungsadan fundamental principles;

1. Seek the truth
2. Act upon the truth
3. Be loyal and trustworthy
4. Be courageous

Their 5 essential teachings were;

1. Let us constantly strive to improve ourselves by seeking the truth, acting upon the truth, practicing loyalty and courage.
2. Let us love each other, be faithful to each other, and help each other.
3. Let us unite and work for the organisation and devoting ourselves to the organisation.
4. Let us be honest in everything and fulfil our responsibilities.
5. Let us dedicate ourselves to the country and people with the spirit of service.

He died on 10th March 1938 - a national hero. His son Philip Ahn played Master Ken in the 1970s series "kung-fu"