

Korean

Kick- Chagi

Front- Ap

Front kick- Ap Chagi

Front snap kick- Ap Chabusigi

Ball of the foot- Ap Kumchi

FUN FACTS



The **Korean flag** is called taegeukgi (pronounced teh-GUK-key). The colours of the **flag** are red, blue, and black on a white background. The **flag** stands for the three components of a nation: the land (the white background), the people (the red and blue circle), and the government (the four sets of black bars or trigrams).

The circle in the middle represents balance in the [universe](#). The [red](#) half represents positive cosmic forces, and the [blue](#) half represents the opposing negative cosmic forces.

Together, the [trigrams](#) represent movement and harmony as fundamental principles. Each trigram represents one of the four [classical elements](#), as described below:

Trigrams:

☰ Heaven , ☷ Sun , ☱ Moon , ☶ Earth