

Orange Stripe Theory

Q - What does 'White Belt' signify?

A - Innocence / Beginner

Q - Where doe Tae Kwon Do come from?

A - South Korea

Q - What is Sitting Stance in Korean?

A - Annun Sogi

Q - What is Walking Stance in Korean?

A - Gunnun Sogi

Q - What is Attention Stance in Korean?

A - Charyot Sogi

Orange Stripe Theory

Q - What is Ready in Korean?

A - Chunbi

Q - What is Kick in Korean?

A - Chagi

Q - What is Front Kick in Korean?

A - Ap Chagi

Q - What is Block in Korean?

A - Makgi