

Green Stripe Theory

Q - What is Turning Kick in Korean?

A - Dollyo Chagi

Q - What is Side Kick in Korean?

A - Yop Chagi

Q - What is Front Rising Kick in Korean?

A - Ap Chaolligi

Q - What does T.A.G.B stand for?

**A - Tae Kwon Do
Association of Great
Britain**

Q - Count from 1-5 in Korean

**A - Hanna, Dool, Seth,
Neth, Dasaul**

Green Stripe Theory

Q - What is Start in Korean?

A - Si-Jak

Q - What is Stop in Korean?

A - Goman

Q - What are the belt colours of Tae Kwon Do?

A - White, Yellow, Green, Blue, Red, Black

Q - What is Return to Ready Stance in Korean?

A - Barrol